



Annual Report

1st September 2020 - 31 August 2021

www.parentingspecialchildren.co.uk

Registered charity number: 1141172

Company limited by guarantee: 7351094

The Team

‘Parenting Special Children is such a fabulous organisation. More of these are needed throughout the UK.’

[Our team - PSC \(parentingspecialchildren.co.uk\)](http://parentingspecialchildren.co.uk)



'PSC have been kind, friendly and supportive, and the most helpful organisation I have had contact with to date. Thank you all.'



Parenting Special Children (PSC) is a Berkshire based charity providing specialist support services to families of children and young people with special educational needs, disabilities and early life trauma.

We aim to improve the wellbeing of parent/carers so they are able to support their children.

CEO report

15 years ago, in 2006 Parenting Special Children started with one person, now we have a team of 39 people all working together to ensure that families of children with special educational needs and disabilities receive the support they need. It is really all about teamwork and the different skills and experience we bring to ensure that families have holistic support. Over the past 15 years we have supported over 10,000 families.

The team at Parenting Special Children have worked very hard over the past year to ensure that families feel less isolated, that they have a listening ear, strategies to support and provided places for parent/carers, children and young people to experience peer support. We continue to respond quickly to need, being a user led charity means that we are often the first to identify the needs of this very special community of families. We offer a wide range of holistic services, meaning that we see families at different transition stages throughout the life of their child.

We are a user led charity and so lived experience is at the heart of all that we do, with this in mind we have been mindful of the neurodiverse community and how important it is that their voice is heard. Considering this we have released a position statement:

'At Parenting Special Children, we respect the views of autistic people. Whilst we work with the NHS and the DSM-5 and therefore the medical deficit model of Autism may be used by others, at PSC we do not acknowledge that Autism is a disorder and so we don't use the words Autism Spectrum Disorder or Autism Spectrum Condition, we use the word Autism. In line with many autistic people's views, we use the term autistic person (child/young person/adult) rather than person with Autism./ADHD - Attention Deficit Hyperactivity Disorder. Whilst we work with the NHS and the DSM-5 the very words used deficit and disorder are negative and not how we see ADHD as a charity. We don't see deficit and disorder we see difference and we celebrate the strengths that ADHD brings'

CEO report continued

As a user led charity lived experience is central to how we provide families with the support they need.

In 2021 we set up a new neurodiversity advisory board with Dr Blandine French, Dr Ruth Moyse and Jo Billington (Doctoral researcher), all have extensive experience of neurodiversity as well as lived experience. In March 2022 we are setting up a children/young people neurodiverse advisory board who will bring influence and change for children/young people and their families.

We are also in the process of setting up an Equality, Diversity, and Inclusion advisory board with a focus on ensuring that services are inclusive and open to all. We are grateful to Reading Voluntary Action for their support in guiding us through the process of putting EDI very firmly at the top of our agenda, particularly with a focus on reaching ethnic minority communities.

During Covid 19 and ongoing we are witnessing an increase in the multiple adversities facing our families. In response PSC has launched a new 1:1 family support project, helping families on the verge of crisis.

2020/21 has given the charity more opportunities for partnership working including starting a new Social Interaction course for children and young people as part of the Berkshire West Autism & ADHD Service. We are also delivering workshops on Transition to Adulthood, we are pleased to be offering support at a very important time for young adults and their families.

2022 will be a challenging year for Parenting Special Children as for many charities. As the demand for our services increases funding is becoming more difficult to access, we are mindful of this and are continuing to diversify our income streams and to ensure that dedicated time is allocated to funding and fundraising activities.

We thank you very much for your continued support. Ruth Pearse, founder and CEO



Finances

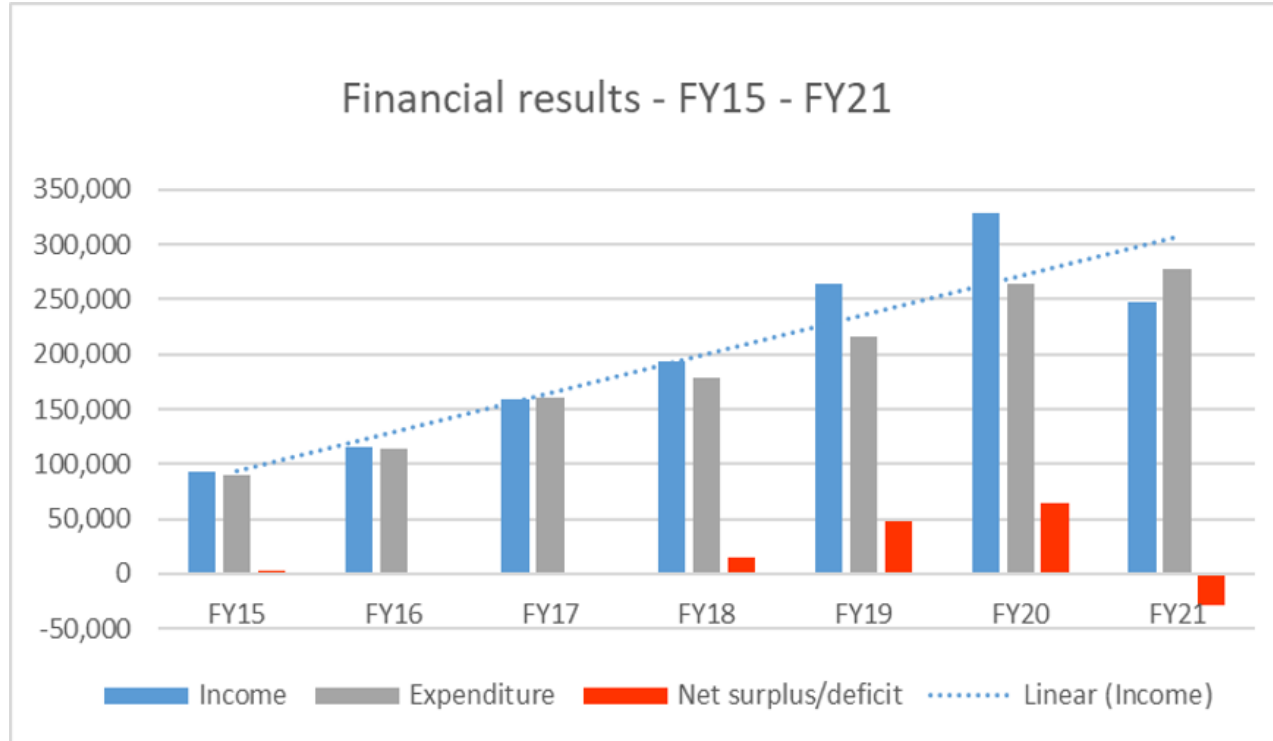
FY 30 November 2021

Parenting Special Children

Financial Results : FY15 – FY21

Parenting Special Children - Financial Results - FY15 - FY21							
	FY15	FY16	FY17	FY18	FY19	FY20	FY21
Income	92,895	115,607	158,901	194,366	264,983	328,760	248,404
<i>Covid funding</i>						98,708	
<i>Non-Covid income</i>						230,052	
<i>Income growth %</i>	42%	24%	37%	22%	36%	24%	-24%
Expenditure	89,327	114,367	161,233	179,006	216,885	263,652	277,788
Net surplus/deficit	3,568	1,240	(2,332)	15,360	48,098	65,108	(29,383)
Surplus/deficit %	3.8%	1.1%	-1.5%	7.9%	18.2%	19.8%	-11.8%
Reserves	33,411	34,651	32,319	47,679	95,777	160,885	131,502
Reserves as a % of income	37%	30%	20%	25%	36%	49%	53%

Parenting Special Children – Financial Results FY2015 – FY21



Source: Charity Accounts FY15-FY20 and management accounts to 30 November 2021

FY21 has been a very busy and challenging year, with our activities and ability to generate unrestricted income significantly impacted by the pandemic.

We have seen a 24% reduction (£80,000) in our total income compared to FY20, when we were awarded over £98,000 in covid specific grant funding to support families directly affected by the covid crisis.

Our costs have increased slightly by 5% year on year, reflecting increased service delivery to meet our grant commitments.

The loss we have incurred in FY21 is primarily due to timing differences between income which was received in FY20 for grants that were to be delivered in FY20 and FY21.

We are continuing to face a challenging and uncertain period ahead in FY22, however we are constantly looking to expand and diversify our income streams, such as commissioning services, in order to build a sustainable level of reserves and continue to support our families as we have done for the last 15 years.

Parenting Special Children – Income Analysis

FY2015 – FY21

PSC - Analysis of income FY15-21	Actual	Actual	Actual	Actual	Actual	Actual	Actual
	12m	12m	12m	12m	12m	12m	12m
Income	FY15	FY16	FY17	FY18	FY19	FY20	FY21
Restricted income	76,507	101,264	146,856	172,150	213,574	286,555	214,835
Unrestricted income	16,388	14,343	12,045	22,216	51,409	42,205	33,569
Total Income	92,895	115,607	158,901	194,366	264,983	328,760	248,404
<i>Total income growth YoY %</i>	42%	24%	37%	22%	36%	24%	-24%
Covid Funding						98,708	0
Non-Covid income						230,052	248,404
<i>Covid Funding as a % of total</i>						30%	0%
<i>Unrestricted as a % of total</i>	18%	12%	8%	11%	19%	13%	14%
<i>Unrestricted income growth YoY %</i>	-	-12%	-16%	84%	131%	-18%	-20%

Parenting Special Children – Income Analysis: FY15 - 21

Parenting Special Children - Analysis of Income - FY15 - FY21							
Incoming resources	FY2015	FY2016	FY2017	FY2018	FY2019	FY2020	FY2021
Grants	76,344	101,189	142,762	167,901	197,004	253,078	157,917
Other income - unrestricted	4,138	5,118	5,328	6,485	1,355	7,160	13,539
Donations and Local Giving	8,290	6,742	6,574	15,119	30,706	34,637	21,548
Gift aid/GASDS claims	-	-	143	612	1,828	1,248	2,696
Other income - restricted	219	75	1,083	4,249	21,079	4,896	11,057
Commissioned services						17,605	26,870
Coronavirus Job Retention Grant						6,963	6,149
Conference	3,904	2,483	3,011	-	13,012	3,173	8,628
Total	92,895	115,607	158,901	194,366	264,983	328,760	248,404
Restricted income	76,562	101,264	146,856	172,150	213,574	286,555	214,835
Unrestricted income	16,333	14,343	12,045	22,216	51,409	42,205	33,569
Total	92,895	115,607	158,901	194,366	264,983	328,760	248,404
Grants as a % of total income	82%	88%	90%	86%	74%	77%	64%
Commissioned services as a % of total income						5%	11%

Annual Report

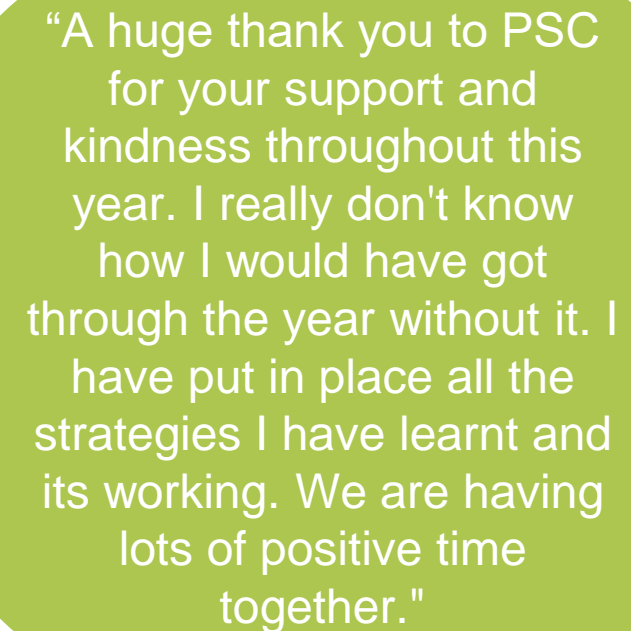
September 2020 – August 2021

During the academic year -

PSC supported 2215 families

We received 4243 referrals* which is an average of 2 per family

* Calls, emails, workshops, courses, 1-1 support



"A huge thank you to PSC for your support and kindness throughout this year. I really don't know how I would have got through the year without it. I have put in place all the strategies I have learnt and its working. We are having lots of positive time together."

Our services include:

- **A Helpline – over phone, email & social media**
- **Specialist parenting workshops and courses**
- **Sleep courses and clinics**
- **Annual conference and guest speaker events**
- **Community & special interest support groups**
- **Family Fun events**
- **Training opportunities for professionals working with SEN children**
- **Monthly social and educational groups for young people**
- **Specialist workshops, courses and peer support for families of children who have experienced trauma**



119 individuals from outside of Berkshire accessed our workshops this year from places like London, Glasgow, Hertfordshire, Devon and Australia!

Behind the scenes - Admin

- **6663** emails
- **182** Events set up (across Eventbrite, Facebook, Website, Clog)
- Events cancelled: **30**
- Processed: **2155** bookings (average **55** per week), **206** general cancellations
- **501** - Total DNA's (Did not attend)
- **11** Mental Health Data Set Reports sent to the CCG's
- **15** 'This week/Next week' mailshots sent
- **13** specific mailshots sent ie, for certain workshops
- **6** half-term and termly newsletters sent
- The average 'open rate' for mailshots is 36% (higher ' than industry average which is 20%)
- **665** Registration forms processed since April
- Allocated another member of paid staff after Easter to increase the team's technical knowledge



"Thank you once again to our amazing volunteers Sue & Toshiko for helping us stay afloat in very challenging times!" - Polly (Admin Service Manager)

Helpline

During the year, the helpline:

430 Received calls (average call length **29** minutes)

594 Received Emails

638 Supported Parents/Carers

971 Registration forms processed (until April)

“I so appreciate you taking the time out to help me at this difficult time you really have gone above and beyond for my family”

“A really helpful conversation, one of the most useful and practical one i have had since this journey began”

Community Support Groups

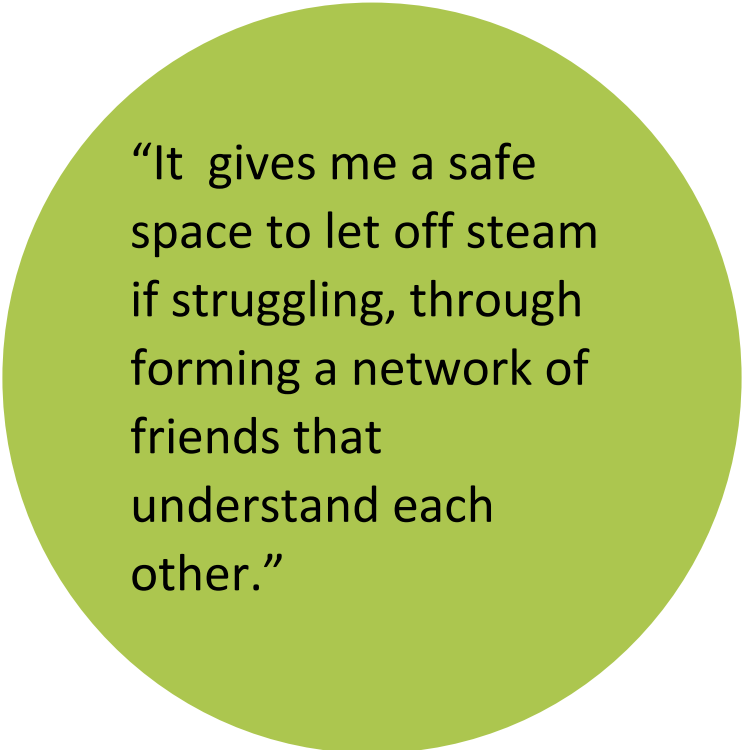
139 parents and children accessed **85** sessions

Five geographical areas - areas of deprivation:

1. Whitley in Reading
2. Southcote in Reading
3. Greenham in West Berkshire
4. Great Hollands in Bracknell
5. Monksfield Way in Slough

Our CSG funding was originally ending at the end of December 2020. An extension was given until the end of summer term 2021.

- **100%** reported learning new things
- **98%** said they feel less isolated
- **98%** made new friends through the group



“It gives me a safe space to let off steam if struggling, through forming a network of friends that understand each other.”

Looking Ahead to 2022

Helpline

- The Helpline will continue to support families and recognise if referrals to other support within the charity can be made.
- The Helpline will support families via phone calls and emails.
- The Helpline will continue to signpost to other organisations who can also offer support.
- The Helpline will also continue to identify increased areas of need and demand and this will be taken into consideration for upcoming workshops and events.

CSG Service

- Targeted workshops such as self care, school support/information, mental health, Autism/ADHD information, Sensory sessions, family-led training and parental support.
- Reconnect our parents together to provide a safe place for all to share experiences and knowledge.
- Providing a regular group to help combat the isolation that comes with being a special needs parent.
- Seeking new funding to continue these groups

Specialist Parenting Courses

Course	Number of Courses	Number of Parent/Carers
Time out for Special Needs (7 Weeks)	2	14
Time out for ADHD (5 Weeks)	2	11
Who's in Charge? (9 sessions)	3	30
Total	7	55

Parenting Workshops

Topic	Number of workshops	Number of Parent/Carers
Pre & Post Assessment Autism	9	61
Pre & Post Assessment ADHD	43	218
Autistic Girls (for parent/carers)	9	155
Dual Diagnosis – Autism & ADHD	1	13
Sensory Processing	6	122
Teen Brain Matters	1	59
ADHD & Medication	1	19
Transitioning children with SEND into education	3	37
Transition to Adulthood	2	53
Total	75	737

New! Transition to Adulthood



Aim: to equip parent/carers with knowledge, skills and confidence to support young people transition to adulthood

Termly workshops:

- Education & transition - **31** attendees
- Adult social care and transition - **22** attendees

PSC presented at Reading Families' Forum conference on transition

99% of parent/carers attending gained new information about transitioning to adulthood

Looking Ahead to 2022

Parenting Service

- Work in partnership with organisations who can help Parenting Special Children reach BME communities to ensure that all families are able to access support
- For the service to listen to the voices of the neurodiverse community including children and young people and enable those voices to shape delivery

Sleep Courses, Workshops & Clinics

- 16 general sleep or sleep & anxiety workshops reaching 123 parent/carers
- Most workshops were commissioned by Solutions 4 Health, Berkshire West CCG, Healthwatch Wokingham & ACL West Berkshire
- 61 in-depth sleep clinics with parent/carers.
- Parental questionnaires show that parents and their children receive less sleep than the average hours recommended by the National Sleep Foundation
- On demand sleep for cyp aged 8+ downloaded by 50 people
- On demand Sleep for Teens downloaded by 73 people

An increase in anxiety about the virus when in lockdown had a large impact on the ability for children to get to sleep and stay asleep. Parents having to homeschool or/and work from home meant that people struggled to stick to sleep routines and often gave in to letting children sleep with them or have their screens before bed. Transition back to school also had an adverse effect.

Looking Ahead to 2022

“M’s sleep did improve over lockdown and I think reduced school anxiety and a later bedtime as you advised did help”

Sleep Service

- We will continue to run any commissioned sleep workshops
- Our practitioners are also part of the Family Support Service and give individual help to parents with more complex needs
- The on - demand workshops will still be available
- The staff working on the Helpline are sufficiently knowledgeable on sleep issues to be able to give basic advice and leaflets designed by the sleep team

Trauma & Attachment Service: Parent/Carers

“The workshops have opened my eyes. Insightful, empowering for me to learn how to relate to my children.”

- TAS delivered **11 workshops and 7 courses** during the year
- Total number of Berkshire parent/carers supported during the year – **198** (counted once)
- 19%** of these attended more than 1 event
- Non-Berkshire parent/carers – **113**
- 100%** of parent/carers said they would recommend our training to others.
- 98%** of parents/carers who attended our training said they found them ‘useful’ or ‘very useful’.
- 95%** said their understanding and knowledge had increased as a result of attending our training.

Trauma & Attachment Service: Professionals

	Number of Events	Attendance
Topic based workshops with parent/carers	18	53
Training for schools	10	137
Training for care homes	14	184
	Total professionals trained	374

“An extremely informative session - should be in every school and health care setting.”

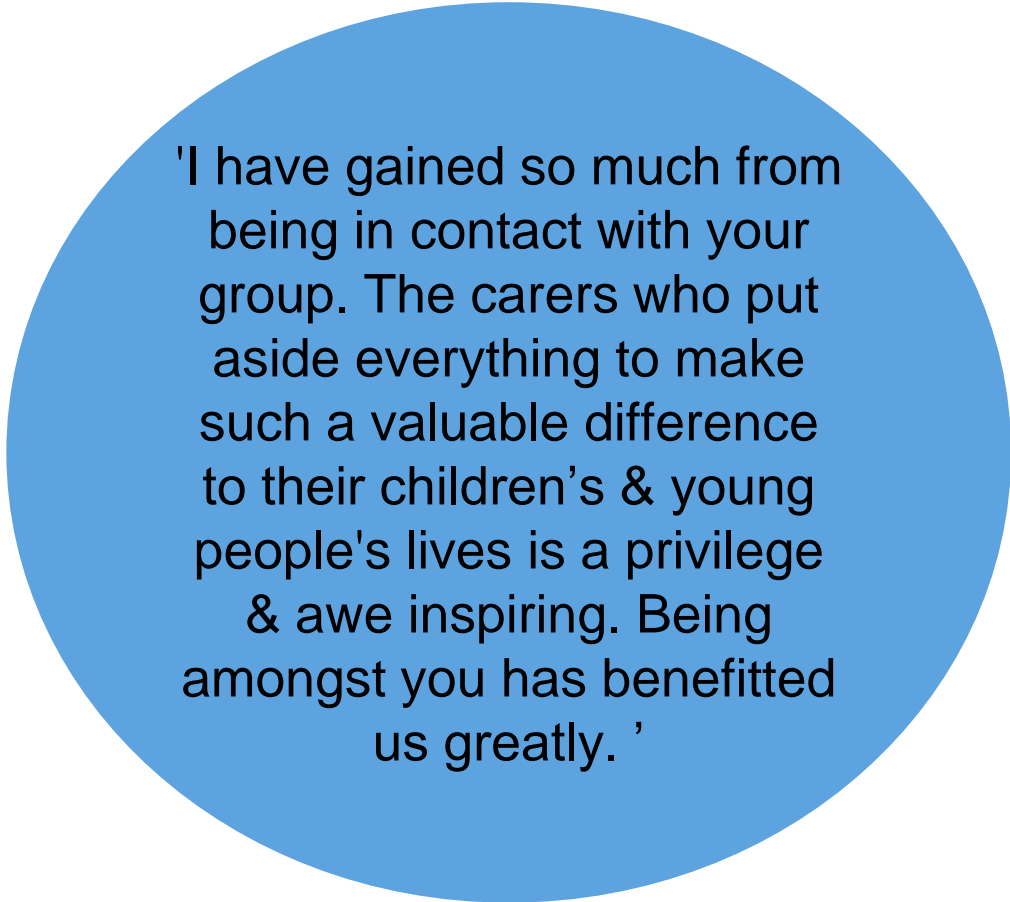
- **97% of professionals said they would recommend our training to others**
- **95% of professionals said that they had gained new knowledge of how to meet the needs of children in their school/care**

Trauma & Attachment Service: Support Groups

- Kinship Carers group
- Dads and Male Carers group
- Adopters & Foster Carers group in Maidenhead
- Adoptive mums group

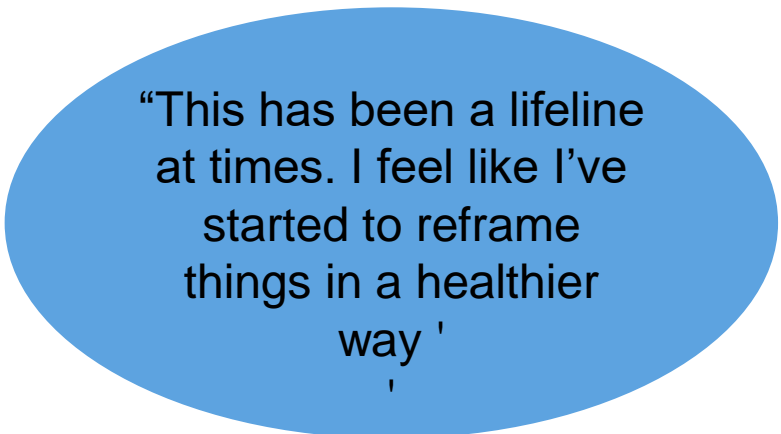
40 group sessions

Accessed by 74 parents/carers in total



'I have gained so much from being in contact with your group. The carers who put aside everything to make such a valuable difference to their children's & young people's lives is a privilege & awe inspiring. Being amongst you has benefitted us greatly. '

1-1 Specialist Parenting



“This has been a lifeline at times. I feel like I’ve started to reframe things in a healthier way”

Covid-19 compounded the challenges faced by our service users.

The situations faced were multi-faceted and many families needed one to one support instead of or in addition to workshops and courses.

PSC supported **more than 100 parents/carers** one to one and received excellent feedback.

100% said that PSC was able to help them with the challenges they were facing.

91% said it helped improve their relationship with their child.

87% said the practitioner helped de-escalate crisis situations at home and increase safety.

91% said it helped improve their well-being.

Looking Ahead to 2022

Trauma and Attachment Service

Parent/Carer workshops and courses, professional training, support groups and one to one work to continue

New support groups

- Post-Separation Parenting – launched
- Foster Carers – to be set up

Let's Get Creative sessions return

- For adopted children
- For children living with kinship carers

One to One specialist parenting

To continue, with bigger team

Commissioning and Funding

Standardising workshops & presentations

Exploring opportunities inside & outside Berkshire

Continue to look for funding for TAS and 1:1 SP

"A huge thank you to PSC for your support and kindness throughout this year. I really don't know how I would have got through the year without it."

Dads & Male Carers Support Group

11 Monthly groups were held. 27 attended

‘...this is the only group that will allow me the freedom to speak openly and honestly about my current situation, safe in the knowledge of not being judged. I am a member of other groups and even volunteer for another charity, but none cater for this requirement. The group offers support and ways to air your feelings when going through potentially some of the most difficult of times. This group has helped me through such times and now hopefully those tough times are behind me, I can offer some support and suggestions to others.’

‘This feels like a real support team backing you, as if you have a question or request for information someone will either know or find a response for you.’

‘From bringing a question to the meeting or putting information on the WhatsApp group this is a resourceful bunch and there is a lot of kindness and willingness to support one another.’

‘All in all, this group has made a dramatic difference to me and my own personal circumstances.’

Children and Young People Events

The A Team – Awesome Autism & ADHD

- 10 sessions accessed by 50 girls

'The A team has always been a wonderful space for A and we were so pleased to find the online sessions were fab too. She feels at home and herself with you guys.'

'S really enjoyed the virtual A Team sessions for variety of activity, when there wasn't much variety, and for some connection with other autistic girls.'



Children and Young People Events

Auticulate

18 sessions

12 extra sessions offered as support during Covid 19

17 regular attendees

HIGHLIGHTS

- Visit to Camp Mohawk including campfire
- Sherlock Holmes
- Biscuit Baking

“Throughout L’s time at Auticulate, he has maintained a positive attitude towards autism and how it affects him. He has attended sessions willingly, without the resistance that often accompanies other activities. He clearly feels safe and welcome and it is wonderful for him to have a group where he feels he belongs.”

Auticulate Parent

Children and Young People Events: **New! Social Interaction Group**

2 courses (16 sessions) accessed by **19** young people

- The sessions were run as a mixture of small group work and fun activities to practice learnt skills.
- The young people learnt and discussed the importance of friendships, managing expectations in relationships, the art of small talk, positive friendships.
- The course is centred around confidence building including looking at self-esteem, positive affirmations and reframing negative thinking.
- The young people also decided to have a session to discuss their diagnosis and what it meant to them.

80% felt equipped with more knowledge and techniques to be able to form positive future friendships'

"I think I still need some practice but I have more skills than I did before doing the group"

80% had used 'self advocacy' in recent weeks demonstrating independence and confidence

"I would definitely recommend this course, I really enjoyed it and learned lots of new things"

*"Filling out my own forms online"
"Learning to speak up for myself"*

Family Fun Events

This year we ran the following family fun sessions -

- Christmas Crafts
- Valentine's Bingo Night
- Easter Crafts (including hand delivered easter egg hampers!)



Conference:

SEND & Mental Health with Dr Pooky Knightsmith

Our first 'online' conference was attended by:-

50 Parents

68 Professionals (statutory & voluntary sector)

5 Students

30 PSC Team

Feedback

97% participants said they had learnt new information and skills



"Thank you Pooky - amazing ideas as always! Some great takeaways that I will be trying to build in to my daily routine."

"Super mega day! Thank you very much very informative and insightful"

Commissioning



- Parenting Special Children has expanded its commissioning offer to include:
 - 6 courses and 32 workshops.

- Our professional practitioners specialise in a number of topics including neurodiversity, sleep and trauma.

- We have delivered to corporates, authorities throughout the UK and local organisations

- Latest training brochure will be available shortly on our website



London Borough
of Hounslow



Neurodiversity Advisory Board

- As we are a user led charity means we are more mindful of the neurodiverse community and how important it is that all voices are heard.
- Position statement on Autism and ADHD around language and terminology
- 2021 PSC set up a new neurodiversity advisory board with Dr Blandine French, Dr Ruth Moyse and Jo Billington (Doctoral researcher) - all have lived experience
- We are also in the process of setting up an Equality, Diversity and Inclusion advisory board with a focus on ensuring that services are inclusive and open to all.
- In 2022 children/young people will be part of the neurodiverse advisory board

Funding and Fundraising 2020 - 2022

Driving sustainability

- 1) Community/Corporate/Grants/Commissioning
- 2) New ways to fundraise - Big Give Campaign
- 3) Raising PSC's profile
- 4) Fundraising working group



Funders, Supporters and Partnerships



It's what we do



Field | Seymour | Parkes



Virtual Runner UK

Education & Skills
Funding Agency

ASDA

healthwatch
Wokingham Borough



University of
Reading

people's
health
trust



WELLINGTON
COLLEGE



Garfield Weston
FOUNDATION



GEMS
Autism & ADHD Support Service
East Berkshire

WAITROSE
& PARTNERS



Berkshire West

Clinical Commissioning Group



East Berkshire

Clinical Commissioning Group

**Finally...a special thanks to all
of our amazing volunteers &
trustees who worked over 900
hours!**

Ingrid

Sarah B

Carolanne

Louise

Karen

Sue

Ellie

Dawn

Val

David

Anna

Sarah C

Sam

Lynne

Toshiko

Company registration number: 07351094

Charity registration number: 1141172

Parenting Special Children

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 30 November 2021

Parenting Special Children

Contents

Reference and Administrative Details	1
Trustees' Report	2
Statement of Trustees' Responsibilities	3
Independent Examiner's Report	4
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 15
Grants received	12
Other Income	13
Donations and fundraising	14

Parenting Special Children

Reference and Administrative Details

Chairman

Elena King

Trustees

Sam Coombes, Director / Treasurer
Sarah Bamford
Sarah Croxford
David Nader

Principal Office

Arcade
Glebe Road
Reading
Berkshire
RG2 7AG

The charity is incorporated in England and Wales

Company Registration Number

07351094

Charity Registration Number

1141172

Independent Examiner

Rachel Eden, ACMA

Parenting Special Children

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 30 November 2021.

Objectives and activities

Public benefit

In setting its plans and priorities for areas of work, the trustees of Parenting Special Children have had regard to the guidance from the charity commission on the public statement of benefit.

This financial year has continued to present a significant challenge to us, as has been experienced across the charity sector, in terms of the ability to attract major grant funding in an increasingly difficult funding environment, together with restrictions on fundraising activities as a result of the pandemic.

Due to the level of covid related grants that the charity was awarded in FY20, for which the project deliverables and therefore expenditure took place during FY21, the impact of this has led to a net deficit position of our resources of approximately £31,000, as we had expected.

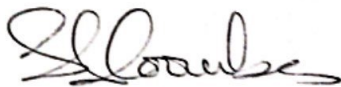
The charity has worked extremely hard to improve this position by the continued expansion of our services to a wider range of service users, both face to face and online, and focus on our commissioned income stream in order to diversify our income as much as possible, whilst adopting a careful and effective approach to the management of our expenditure.

These measures that we are taking will ensure that the charity will continue to be sustainable going forwards, with a breakeven position expected for FY22, and then with the engagement of a dedicated grant writer, we expect to generate a surplus from FY23 onwards.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Structure, governance and management

The annual report was approved by the trustees of the charity on 8 April 2022 and signed on its behalf by:



.....
Sam Coombes
Trustee

Parenting Special Children

Statement of Trustees' Responsibilities

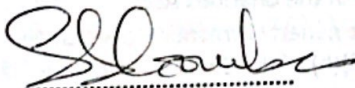
The trustees (who are also the directors of Parenting Special Children for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 8 April 2022 and signed on its behalf by:



Sam Coombes
Trustee



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's report
on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

PARENTING SPECIAL CHILDREN

**On accounts for the year
ended**

30 November 2021

**Charity no
(if any)**

1141172

Set out on pages

1-3

**Respective responsibilities
of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

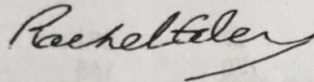
**Independent
examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 19/07/2022

Name:

Rachel Eden

Relevant professional
qualification(s) or body (if
any):

ACMA (Chartered Institute of Management Accountants)

Address:

Holy Brook Associates Ltd

Curious Lounge, 1st Floor Pinnacle Building

Tudor Road, Reading, RG1 1NH

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Parenting Special Children

Statement of Financial Activities for the Year Ended 30 November 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Notes	2021 Unrestricted Funds £	2021 Restricted Funds £	2021 Total £	2020 Total £
Incoming Resources					
Donations and Fundraising	13	12,735	10,439	23,174	29,768
Gift Aid tax reclaimed		718	1,979	2,697	1,127
Other income	12	19,662	41,211	60,873	43,287
Grants receivable	11	1,700	158,571	160,271	254,578
		<u>34,815</u>	<u>212,200</u>	<u>247,015</u>	<u>328,760</u>
Resources Expended					
<u>Charitable activities</u>					
Wages and salaries		12,363	195,049	207,412	179,620
Staff pensions		625	7,071	7,696	6,352
Fundraising Costs		7,690		7,690	3,784
Training				0	6,808
Travel Expenses		27	571	598	2,649
Volunteer expenses		150	185	335	416
Course Resources		58	933	991	1,674
Room Hire		193	963	1,156	6,725
Insurance		271	813	1,084	1,322
Computer costs			240	240	
Refreshments		234	641	875	887
Gifts for Families		495	260	755	976
Payroll Bureau		172	515	687	625
DBS Checks			108	108	759
		<u>22,278</u>	<u>207,349</u>	<u>229,627</u>	<u>212,597</u>
<u>Governance costs</u>					
Volunteer and Staff Appreciation		192	307	499	526
Rent		2,433	7,299	9,732	13,583
Telephone and fax			2,216	2,216	2,078
Postage			439	439	206
Computer costs		1,208	3,623	4,831	5,318
Photocopying / Printing			260	260	1,585
Stationery			405	405	452
Trade subscriptions		578		578	
Sundry expenses					752
Publicity					955
Accountancy fees		679		679	68
Book Keeping and Admin		7,123	21,541	28,664	24,596
Independent examiner's fee					360
HR Fees					576
		<u>12,213</u>	<u>36,090</u>	<u>48,303</u>	<u>51,055</u>
Total Resources					
Expended		34,491	243,439	277,930	263,652
Net outgoing resources for year		324	-31,239	-30,915	65,108
Balance brought forward		52,828	108,057	160,885	95,777
Balance Carried forward		<u>53,152</u>	<u>76,818</u>	<u>129,970</u>	<u>160,885</u>

The notes on pages 8 to 15 form an integral part of these financial statements.

Parenting Special Children

(Registration number: 07351094)
Balance Sheet as at 30 November 2021

	Note	2021 £	2020 £
Current assets			
Cash at bank and in hand		130,570	161,285
Creditors: Amounts falling due within one year	10	(600)	(400)
Net assets		<u>129,970</u>	<u>160,885</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		76,818	108,057
Unrestricted income funds			
Unrestricted funds		<u>53,152</u>	<u>52,828</u>
Total funds	11	<u>129,970</u>	<u>160,885</u>

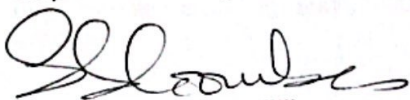
For the financial year ending 30 November 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 5 to 13 were approved by the trustees, and authorised for issue on 8 April 2022 and signed on their behalf by:



Sam Coombes
Trustee

The notes on pages 8 to 15 form an integral part of these financial statements.

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Arcade
Glebe Road
Reading
Berkshire
RG2 7AG

These financial statements were authorised for issue by the trustees on 8 April 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Parenting Special Children meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received, and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

3 Trustee's expenses

No expenses were paid to any Trustees during the year, except to re-imburse them for purchases or out of pocket expenses made on behalf of the charitable company.

4 Unrestricted funds

All unrestricted funds held are unrestricted and available to be applied in furtherance of Parenting Special Children's charitable objectives at the discretion of the Trustees.

5 Reserve Policy

The trustees have reviewed the charity's needs for reserves, in line with the guidance issued by the Charity Commission and have set aside or designated £68,000 to safeguard the charity's service commitment in the event of delays in receipt of grants or accrued legacies. This approximates to 3 months running costs. The Trustees believe that reserves should be at least at this level to ensure the charity can run efficiently and meet the needs of the beneficiaries.

The reserves figure at 30th November 2020 was £62,000.

All covid designated funding was spent in the 2021 Financial Year.

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

6 Full and Part Time Employees

	Note	2021 £	2020 £
Full Time		3	3
Part Time		16	16
		<u>19</u>	<u>19</u>

7 Employee Salary Disclosure

The Charity Employed no staff earning in excess of £60,000 per annum.

8 Employment Costs

	Note	2021 £	2020 £
Salaries		230,897	196,448
Employers NI		12,869	11,551
Pension		7,696	6,352
		<u>251,462</u>	<u>214,351</u>

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

9 Grants received

Grants Received - restricted funds

	Note	2021 £	2020 £
Berkshire Community Foundation		4,956	9,610
Big Lottery		54,183	108,943
ESFA Community Training		11,040	3,680
Field Seymour Parkes Foundation		2,500	-
Healthwatch Wokingham		732	-
Hedley Foundation		1,000	-
MCKS Foundation		10,000	-
NHS Berkshire East CCG		8,938	15,995
NHS Berkshire West CCG		23,900	14,993
Peoples Health Trust		4,173	14,606
The Good Exchange		29,149	14,692
West Berkshire Council		8,000	8,000
Baily Thomas Charitable Fund		-	5,000
Brighter Futures - Troubled Families Programme		-	300
CAF - Coronavirus emergency fund		-	10,000
Children In Need		-	11,702
Edward Gosling Foundation		-	5,000
Co-Op Community Fund		-	1,417
Elizabeth Jane Foundation		-	2,000
Garfield Weston		-	20,000
Reading Borough Council		-	4,640
Syder Foundation		-	2,000
Tesco Bags of help		-	500
		158,571	253,078

Grants Received - unrestricted funds

	Note	2021 £	2020 £
Grants Received - unrestricted funds		-	1,500
The Giving Tree		1,200	-
TK MAxx		500	-
		1,700	1,500

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

10 Other Income

Other income - restricted funds

	Note	2021 £	2020 £
Courses and workshops		8,342	3,384
Commissioned Services		26,720	17,661
Auticulate subscriptions & Donations		-	6,274
Refund		-	292
Furlough Grant		6,149	5,397
		<u>41,211</u>	<u>33,008</u>

Other income - unrestricted funds

	Note	2021 £	2020 £
Conference		8,270	5,213
Courses and Workshops		7,612	3,500
Furlough Grant		-	1,567
University Internship		3,780	-
		<u>19,662</u>	<u>10,280</u>

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

11 Donations and fundraising

	Note	2021 £	2020 £
Amazon Covid Donation		2,494	-
Amazon Smile		154	123
Bounce Sponsorship		488	-
Boyes Turner		300	-
CAF Donations		120	1,250
Charitable Trusts		1,000	533
Easter Egg Appeal		100	-
Flower Shop Donation		445	-
Individual Donations		6,528	6,762
Mulberry Lodge		500	-
Raffle Sales		966	-
Reading Community Lottery		162	-
Reading Roadrunners		1,147	-
The Big Give		6,404	-
Tommy Hollis Childrens Fund		1,533	-
Waitrose Community Matters		333	-
Woodley and Earley Lions		500	-
Springboard Charities		-	500
Gerald Palmer Eling Trust		-	750
Leathersellers		-	19,700
Blakemore Foundation		-	100
Priory Lodge		-	50
		<u>23,174</u>	<u>29,768</u>

Parenting Special Children

Notes to the Financial Statements for the Year Ended 30 November 2021

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Creditors: amounts falling due within one year

	2021 £	2020 £
Other Accountancy Accrual	600	400

14 Funds

	Balance at 1 December 2020 £	Incoming resources £	Resources expended £	Balance at 30 November 2021 £
Unrestricted funds				
General	52,828	34,815	(34,491)	53,152
Restricted funds	108,056	212,200	(243,438)	76,818
Total funds	160,884	247,015	(277,929)	129,970
	Balance at 1 December 2019 £	Incoming resources £	Resources expended £	Balance at 30 November 2020 £
Unrestricted funds				
General	29,522	42,205	(18,899)	52,828
Restricted funds	66,255	286,555	(244,753)	108,057
Total funds	95,777	328,760	(263,652)	160,885



Section A

Independent Examiner's Report

Report to the trustees/
members of

PARENTING SPECIAL CHILDREN

On accounts for the year
ended

30 November 2021

Charity no
(if any)

1141172

Set out on pages

1-3

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 19/07/2022

Name:

Rachel Eden

Relevant professional qualification(s) or body (if any):	ACMA (Chartered Institute of Management Accountants)
Address:	Holy Brook Associates Ltd
	Curious Lounge, 1 st Floor Pinnacle Building
	Tudor Road, Reading, RG1 1NH

Section B	Disclosure
-----------	------------

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.