



Post Separation Parenting Support Group for mums following DOMESTIC ABUSE

A monthly, **confidential** support group **for mothers** who have **separated from an abusive partner**. Domestic abuse can have a damaging impact on victims and their families. The effects can be long term and across all areas of a survivor's life.



We discuss, support and signpost, covering many topics such as:

Special Educational Needs | Local support services | Contact issues
No-contact issues | Narcissism | Child-to-Parent Abuse
Post-Separation Abuse | Trauma | Mental Health | Financial issues

For further information, or referral, please contact:

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